

POWER STREAM

CONDITIONING ACCESSORIES

Plyoboxes | Jump Ropes | Battle Ropes | Resistance Bands



Conditioning gear you can count on.

Some of the most used and abused pieces of equipment in any fitness facility, our line of conditioning products can take whatever your customers can dish out. Pound for pound, they might be the best investment we offer.



Stackable High Density Foam Plyo Boxes



Made from high-density foam, these plyo boxes are built to withstand intense workouts while providing a stable and safe platform for jumping exercises. Easily stack the boxes to adjust the height for different exercises, saving space and allowing for a customizable workout.

Available in multiple heights to accommodate various fitness levels and exercises.

SPECIFICATIONS

Sizes: 16 lbs (6")
38 lbs (12")
61 lbs (18")
76 lbs (24")

Aluminum Skipping Rope



Weighted Handles for Speed and Endurance. Dual Bearings provide 360* smooth, high-speed rotation.

FEATURES

- Non-slip handle 90g Weighted Handles
- Comes with a carrying bag.
- Size: 5.12" x 8.66"
- Premium Build: Made from high-quality materials and premium steel for lasting durability.

SPECIFICATIONS

Color: Silver, Black
Handle Length: 6.50 in (16.5 cm)
Rope Length: 118.11 in (300 cm, TPU-coated)
Weight: 160 g (including rope)
Weighted Bars: 0.1852 lb (2 x 42 g)

Speed Jump Rope



Extremely Lightweight for Faster Speed

FEATURES

- Engineered with quality materials and premium grade steel.
- Adjustable rope length and ergonomic design for a more comfortable grip.
- Comes with a carrying bag

SPECIFICATIONS

Color: White, Black
Handle Narrowest Diameter: 0.50 in
Diameter: 0.86 in (21.8 mm)
Total Length: 6.06 in (15.4 cm)
Rope Length: Approx 118.11 in (300 cm)
Weight: 0.2 g

Battle Ropes



Our Battle Ropes are incredibly versatile. They can be used for a wide range of workouts, including HIIT, strength training, CrossFit, and more. Whether strength, endurance, or overall fitness, these ropes are up to the task. The 3-strand twisted exercise rope design maximizes the rope's tensile strength.

SPECIFICATIONS

Color: Black
Size: 1.496" (38 mm), 1.97" (50 mm)
Length: 9 meters
Weights: 15 lbs (6.8 kg), 22.05 lbs (10 kg)
Material: Polypropylene and Polyester

Resistance Bands



Each resistance band is made of 100% professional grade natural latex (TPE free). They are elastic, durable, and will stay flat after usage, and they are completely odor free! No more pinching skin, resistance bands snapping, or marking of clothes. The natural latex resistance material gives four times the stretch, with no fear of breakage. Made of 100% Environmentally Friendly Material

SPECIFICATIONS

Extra-light: 6.5 mm 4~10 lbs
Light: 13 mm 8~20 lbs
Medium: 22 mm 13~33 lbs
Heavy: 30 mm 20~50 lbs
Extra-light: 46 mm 30~70 lbs
Extra-Heavy+ 60 mm 45~100 lbs
Material: Natural latex